

Online Meetings Study Information Leaflet

Finalising recommendations to standardise measurement of infant feeding and weight outcomes

We would like to invite you to take part in this research to finalise recommendations to standardise measurement of infant feeding and weight-related outcomes in research, policy, and practice.

What is the research about?

This study will finalise recommendations to support standardised measurement of infant feeding and weight-related outcomes in infants ≤ 12 months across research, policy, and practice. This will be achieved through a series of online meetings.

Draft recommendations have been informed by systematic reviews evaluating the quality and psychometric properties of outcome measurement instruments with published development and/or evaluation studies and instruments designed for specific studies that have been comprehensively evaluated with parents/caregivers as part of a Patient and Public Involvement (PPI) group, and researchers in 2025.

Why are you being asked to take part?

You are being asked to take part in this research as you are a healthcare practitioner, researcher, or policymaker who has an interest in measuring and promoting infant feeding and can provide valuable insights on how best to measure infant feeding and weight-related outcomes. Healthcare practitioners, researchers, and policymakers in all career stages are invited to take part in this research.

What will happen if I take part in the study?

If you decide to take part, you will be invited to a series of online meetings with other healthcare practitioners, researchers, and policymakers. Parents/caregivers (PPI contributors) will also be present.

You can express your interest in this research by completing this short form [[LINK](#)]. This involves providing your name, email address and informed consent to participate in the meetings(s). After completing this form, you will be asked to complete a brief survey to provide demographic information (i.e., gender, professional role, location, number of years' experience, career stage).

The online meetings will take approximately 90 minutes. The meetings will be video recorded and transcribed using Microsoft Teams and observational notes will be taken by facilitators. If you can, we will ask you to have your video camera on during the meeting(s).

There is no obligation to participate. If you choose to take part in the research, you can decide to withdraw at any stage during the meeting and up to two weeks after each meeting, at which point discussions will have been transcribed and anonymised. Once transcripts are anonymised, we will no longer be able to identify and remove any individual's data from transcripts.

After each meeting, you will also have the opportunity to express interest in participating in an online co-design to develop strategies to support the implementation of recommendations and determine priority areas for future research and collaboration.

What will happen to the information I provide in the study?/ How will the data be used and my privacy protected?

The primary data for this research is in the format of anonymised voting results, meeting recordings, transcripts, and brief demographic survey data. Data from the anonymised voting results to finalise recommendations will be published on the Open Science Framework (OSF) open data repository. The meeting video recordings will be deleted once transcription accuracy is checked and participant quotes are anonymised. Transcripts will not contain any identifying information and will be stored safely on Dr Matvienko-Sikar's authenticated UCC OneDrive account for the duration of the research. The transcripts will be anonymised, meaning they will be unidentifiable. All identifying features will be removed. We will not be able to identify you through the transcripts and only the project team will have access to the transcripts. Your identity will remain private at all times. For example, any direct quotes from you during the meeting will be anonymised, meaning that your name will be removed. Results of the study will be disseminated in a published report and presented at conferences. Published reports will not identify you in any way and will be written to respect privacy.

What are the benefits of participating in this research?

Your participation in this research will make an invaluable contribution to international recommendations to improve the standardised measurement of infant feeding and weight-related outcomes across research, policy, and practice. By participating in this research you will also have the opportunity to be named and contribute to peer-reviewed publications under group authorship.

Are there any negative consequences to taking part?

We do not expect any negative consequences to you taking part. The research is not intended or designed to cause distress or discomfort in any way. If you do experience distress, worry or require further information after taking part in the meeting you can contact Dr Karen Matvienko-Sikar (karen.msikar@ucc.ie).

For further information

This study is led by Dr Karen Matvienko-Sikar from the School of Public Health, University College Cork and is being conducted as part of the [Standardised Measurement for Childhood Obesity Prevention](#) (SCOPE) study.

Should you require any further information about this research or to help with your decision to participate, please contact Dr Dimity Dutch (ddutch@ucc.ie) or Dr Karen Matvienko-Sikar (karen.msikar@ucc.ie).

